

CONNECT03

GREETINGS FROM NEXUS INTERNATIONAL SCHOOL, PUTRAJAYA

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Nexus Health Campaign

The India Trip

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NEXUS
INTERNATIONAL
SCHOOL

PUTRAJAYA

Whole School

Nexus Health Campaign



We are delighted to launch this healthy lifestyle campaign which hope to give you the information you need to make balance choices when faced with decision about diet, sleep, exercise, water, sun safety and personal hygiene.

This is an exciting campaign, kicking off today with a number of events. This morning the PTA have kindly set up a **'Brain Boosting Brunch'**. Through this all learners will make, sample and learn the reasons why breakfast is so important.

Over the next two terms our main focus will be:

- How to achieve and maintain a balance diet.
- Why the body needs water and tips on how to increase consumption throughout the day.
- Why regular exercise is important.
- Why, when and how to stay sun safe.
- How sleep affects our bodies and tips for a good nights rest.

The campaign will be supported by a number of events, kicking off this Friday with a **'Brain Boosting Brunch'**. The sample size breakfasts will be available at morning break.

We have also joined forces with **'Kids helping Kids'** (KHK) to support **'The Children's House of Homes'**. This is a KL based charity which offers low cost accommodation (5/10MYR per day) for families while their children undergo cancer treatment in the city. The KHK teachers will visit Nexus to help our learners to make plaques. These food based projects will then be showcased at KHK's

fundraising family fun day this Saturday, in an attempt to beat the Malaysian Book of Records largest food art mural designed by children.

Donations for this cause will be accepted on behalf of the charity and details of both organisations can be found at the following links:

<http://www.kidshelpingkidsct.org/>
<http://www.cancer.org.my/centres/childrens-home-of-hope/>

Throughout the campaign Connect will have weekly tips and recipes as well as articles and updates on all of the areas above. In class, the learners will be sharing their understanding. Home Learning this week will encourage our learners to apply their knowledge by creating a healthy lifestyle poster for our competition.

Parents and learners can keep up to date, as well as pick up tips and info via our twitter feed [@NISPHHealth](#) and a [Pinterest](#) page is currently being created to share ideas and facts!

[Parents need not worry about missing out on all the fun as you will be encouraged to join us for regular parent tips and share sessions. The PTA will be in contact with more details on this soon.](#)

This is an exciting but equally life changing drive, which we hope our learner's, parents and teachers will both support and adopt.

Any questions queries or comments can be sent to edwards.a@nexus.edu.my

Click here to see Full Itinerary of The Trip

Nexus International School, Putrajaya
The Global Citizens of Tomorrow

“It’s not the mountain that we conquer, but ourselves” Edmund Hillary

Attention Nexus Parents and Learners - An amazing life changing opportunity for Nexus Learners



Himalayas Leadership and Adventure Camp. April 10th - April 18th 2015. Nexus have sourced an amazing opportunity to help develop the leaders of tomorrow - today.

You will be participating in a Himalayan Leadership and

Adventure camp which will focus on developing your strengths whilst teaching and building upon core values, helping you to become an effective and decisive leader.



Set in a unique ecological environment - where mountains meet sweeping rivers, away from the tourist

traps; enabling you to experience a cultural side to India that many do not see. During your time at camp you will take part in a wide range of activities from rafting to trekking. As well as immersing yourself into the local culture, you will be experiencing local traditions and visit historic sights with a twist such as zip wiring across the Ganges river. North India’s famous cuisine will be explored and enjoyed

throughout the trip. There will be time to catch breath with reflection on how the skills learnt on this trip will impact on your day to day lives.

The trip is being organised in conjunction with [Snow Leopard Adventures](#) - an extremely reputable company, who are highly experience with school parties and adventure trips. Having recently celebrated 25 years of excellence in adventure, they have devised a programme that will focus on leadership and teambuilding. Time has been built into the programme to ensure that you have a chance to realise your own strengths and qualities.

You will work closely with local communities to ensure an authentic and unique experience that will extend your cultural awareness, grow your current skill set and inform and encourage you be a globally aware citizen. Enriching your education and life, something that can be shared back with others at Nexus, Work, University and beyond.

This is a unique once in a lifetime, personal development, opportunity, to learn and share life changing experiences that will influence and shape your future.

The cost of the 9 days / 8 nights Snow Leopard trip will be \$995 USD inclusive of all activities, training, food, accommodation and transport in India.

Flights from KL to Delhi and travel insurance will be an additional cost. We anticipate flights to cost approx 1500MYR based on current prices.

To register your initial interest in this trip please email Mr Graeme at lazell.g@nexus.edu.my Further presentations will made to parents on 4/2/15 at 8:30am and 4.30pm.

Primary



Early Years learners gained new experiences last week on our school trip to Putrajaya lake.



As for our topic “Going Places”, we were looking at different kind of transport on the road, in air, and on the lake.

Previously in one of the Language Awareness sessions we wrote an invitation to our favourite Teddy, and our trip ended

with a lovely picnic, songs and a Bear story. Learners had an opportunity to practice different skills such as a making a tally chart of vehicles seen, drawing vehicles in the natural scenery, and taking photos of transport using the ipads.



Well done everyone for excellent behavior, keeping safe and thank you for parents volunteers for their help during the trip.

And the Picnic was just the beginning!



This week the learners continued developing different skills with a focus on sport and healthy living.

They all brought in their bikes or scooters for a little

obstacle course followed by a “free style” ride. It was a very exciting and active day, but learners stayed focused and very sensible. They took roles as audience, contestants and photographers. We practiced the skill of taking photos using ipads and moved to the next step - taking videos of the obstacle course.



Happiness, confidence and individual strengths are developing amongst our youngest learners at Nexus!



Back in time to Victorian England!

As part of our unit 'The Things People Do' we wanted the learners to be able to compare their lives with the lives of children in the past.

So, on Tuesday of this week, Year 1 went back in time 150 years ago to explore education, child labour and health in Victorian England.

In order to explore the differences between their lives and that of the children in Victorian England, Year 1 travelled back on a time machine and then pretended to be children in a Victorian classroom, a workhouse and a doctor's surgery.

The children all enjoyed the learning experience and were able to talk about whether or not they would like to be a child today or 150 years ago.



Primary Athletics Days, Feb. 2015

It's been a very busy week for Sport, with all three Primary Athletics Days taking place on Wednesday, Thursday and Friday. All learners had the opportunity to take part in at least two track and field events to show case their running, throwing and jumping abilities to the rest of their year groups.

First up on Wednesday we had mile post one (MP1) taking part in their Indoor Athletics in the Sportshall, there were plenty of happy, smily faces and learners clearly trying their hardest and having lots of fun. It was really nice to see so many of the learners cheering one another on and helping each other, especially in the running races. A huge well done to all MP1 learners and their teachers, TAs and PLAs for helping with the Athletics Day. Also, a big thank you to the parents for their continued support to the PE department and the older learners of Nexus for helping to run the event.

Day two saw the mile post two (MP2) Athletics Day, this time out on the field. It was a perfectly cool and refreshing morning of track and field events with lots of motivation and determination from all learners involved. It was really great to see the support that learners offered to each other, whether it was cheering on their friends in their event or offering support when learners were struggling to finish a race. Overall, a great morning was had by all. A big well done to all of the MP2 learners and a massive thank you to the teachers ,TAs and PLAs for helping to ensure that the morning ran smoothly. Thank you again to the parents for giving their support and watching the learners compete.

Day three has brought the Athletics Days to a close with the mile post three (MP3) event.

Embracing Diversity. Challenging Minds.

The weather was great, sun shining down on the learners as they demonstrated their talents for all to see. There was some excellent running from the learners, both short and long distance races. The learners also took part in the field events both in the Sportshall and on the field, where they jumped in the long jump, threw the votrex, pushed the chest push, high jumped the bar and bounded the three springs. It was another really atmospheric morning with lots of cheering and motivating others to work hard and really try their best. There were lots of parents watching and teachers popping down to see what was going on. A really big thank you to the parents for coming to watch and the teachers, PLAs and TAs for helping the morning to run as it should.

We really hope you enjoyed your Athletics Days 2015 in the Primary School and that you are looking forward to using your skills to try out for the Primary Athletics team which will compete in March at Nexus International School.

Make sure you have a great, well earned rest this weekend!!

Thank You,
PE Department.

*More photos
shared
on next week
Connect!*



Secondary

DRAMA NEWS

Y9 Drama Production - 'Fugee' - Wed Jan 28th 6pm

Year 9 learners are currently rehearsing for their production of 'Fugee' which will be performed after the Year 9 PTC.

This play focuses on the problems faced by teenage refugees coming to the UK from different countries, and features all Year 9 learners performing as well as taking on other backstage / technical responsibilities.

We hope that as many parents and learners from Y7 and above will come to see the play. Audience members will be asked to make a donation to the 'Stop the Traffik' charity rather than paying a set ticket price. Please note that due to the content of the play, it is not suitable for Primary learners.

STOP THE TRAFFIK
PEOPLE SHOULDN'T BE BOUGHT & SOLD



IGCSE Drama Workshops

In collaboration with other teachers in the KL Drama Network, Ms Rach

will be running a series of workshops on Devising Drama for our Y10 Drama learners.

Mock Exam News

The IGCSE & IBDP mocks have now finished for Years 11 & 13, Year 9 and 10 Bahasa learners who are sitting IGCSE have their mock exam Monday, periods 1 and 2 for Paper 2 and periods 3,4,5 for paper 4. They should report to the MPR by 8.15am.

In preparation for this, Vicky and Danish have been developing characterisation and staging ideas for their own production concepts.



IB Theatre Taster Day Sessions

Some Y11 learners came to experience some critical thinking

in IB Theatre this week. They did practical warm-ups and group mini performances based on the concept of Interaction, then came up with their ideas on how this concept can be seen / explored in Theatre Arts.

Why Study Drama?

Phil King, Head of Drama at Bedales, a prestigious independent school in the UK, explains why Drama is seen as an asset by employers and educators. Below is the article:

<http://www.theguardian.com/teacher-network/2014/dec/16/drama-school-students-work-study>

MUSIC NEWS

Instrumental Lessons

All the instrumental lessons are up and running and going really well.

If you are new to the school or have been here for a while and just want to try out playing an instrument, then please ask your parents to fill in the application form here:

<https://sites.google.com/a/nexus.edu.my/music-department/sign-up-for-instrumental-lessons>

THE MUSIC DEPARTMENT HAS JUST RECEIVED BACK 2 ALTO SAXOPHONES, 1 FLUTE AND 1 CLARINET FROM LEARNERS WHO HAVE BOUGHT THEIR OWN! FIRST COME-FIRST SERVE IF YOU WANT TO BORROW ONE!

The Music Department can Loan These Instruments To You FREE of CHARGE, which will save you money on the start-up costs of learning an instrument.

Why not give it a try for a term - you are not signing up for lessons for life!

Gamelan Lessons Are in Full Swing for Year 6 & Year 7



The year 6 and 7 learners are busy learning to play the gamelan instruments this term. Y7 are working towards the Spring Concert and the Y6s are working

towards our Young Performers' Concert to be

held later in the year. This is exciting news for the Music Department as it is the first time learners will be presenting traditional Asian music played on traditional instruments.



Spring Concert

This term sees the return of the Spring Concert in March. The Spring Concert is designed to showcase the talents of Nexus musicians of Grade 5 standard and above, including the GCSE and IB learners. We will be holding a Trail Session for Suitability of Pieces (length, standard, genre etc) for the Spring Concert which will be held on 2nd March, so please start practising now. Learners who offer items in groups will be looked on favourably - There are only 25 performance slots in the concert and 8 of these are taken up by School Choir, Jazz Band, Y7-9 Class Choir etc..

Instrumental Reports

All of the instrumental teachers are currently working hard writing the instrumental reports for the first term.

Parents will receive the reports this week, just in time for the Instrumental Parents' Evening on the 10 February.

Instrumental Parents' Evening

The Music Department's Instrumental Parents' Evening will be held on Tuesday 10th February from 4pm to 6pm. An email has been sent home to all the learners who have instrumental lessons detailing the arrangements for the Instrumental Parents' Evening. Please respond to the letter by RETURNING THE REPLY SLIP and request an appointment time with your son/daughter's instrumental teacher. You should have received their Instrumental Report beforehand and it will be an opportunity for you to discuss their progress with their teacher. If you have not received the Instrumental Report or invitation to the Instrumental Parents' then please contact the Music Department.

Dates For Your Diaries

Wed 26 Jan	Instrumental Reports go home
Tue 10 Feb	Instrumental Parents' Evening 3.30pm to 5pm
Mon 2 Mar	Auditions for the Spring Concert
Thu 12 Mar	Spring Concert 7pm in the Theatre

Why Study Music?



Study finds musical training focuses attention and reduce anxiety in children. Link below:

<http://www.thestrad.com/cpt-latests/study-finds-musical-training-may-focus-attention-reduce-anxiety-children/>

Lunchtime Music Clubs - ALL WELCOME - No Invitation Needed! Just Come Along and have FUN!

Primary	
Mon	Recorder Group with Miss Ann
	String Group (Violins, Cellos) with Mr Mervin
	Guitar Group with Mr Afiq & Mr Hafiz
Tue	Drumming Group with Mr Jared
Wed	Flute Group with Miss Yem Voon
	Ukulele Group with Miss Ann
	(After School) Clarinet Group for ALL Learners with Miss Kit
Thu	Primary String Group (Violins and Cellos) with Mr Mervin
Fri	Primary Singing Group with Miss Ann & Miss Audrey

Secondary	
Mon	Drumming Group with Mr Jared & Mr Tim
Tue	Guitar Group with Mr Afiq
	Brass Group with Mr Gerold
Wed	Flute Group with Miss Yem Voon
	Fun Vocal Group (Acapella singing, 4 part singing) with Mr Tim & Mr Steve
	Guitar Groups with Mr Hafiz
Thu	(After School) Clarinet Group for ALL Learners with Miss Kit
	Senior String Group (Violins, Cellos) with Mr Mervin
Fri	Jazz Band/Group with Mr Tim
	String Orchestra with Mr Steve & Mr Mervin

PE Notice

Sports Clubs from now until Easter

Primary Girls Football

Tuesdays and Thursday 12.30 until 1pm in the Sports hall

We have a really healthy number of U11 girls coming along but would love to see more U9 girls (Y3/4). Please come along for a friendly kick-around.

Swimming Club

Mondays, Wednesdays, Fridays. 7.40 until 8.30am

Athletics Club

Mondays, Wednesdays and Fridays from 12.30 until 1pm

Exam Revision Sessions

IB revision 1.15 - 1.40 on 4th floor IB Classroom
GCSE revision Thursday 1.15 - 1.40 in the GCSE Classroom

The PE dept are working alongside the Primary team to create and raise awareness of all things healthy.

For daily health updates please follow NISP Health on Twitter [@NISPHealth](#)

Sports Fixtures coming-up

Football

U9 Boys Football

- 11th Feb at Nexus
- 25th March at Nexus

U9 Girls Football

11th Feb at Nexus
25th March at Nexus

U11 Boys Football

-
- 27th Jan at ISKL
- 4th Feb at ISP
- 4th March at ISP

U11 Girls Football

-
- 27th Jan at ISKL
- 4th Feb at ISP
- 4th March at ISP

U13 Boys Football

- 24th Jan at Nexus

U13 Girls Football

- 21st Jan at ISKL

Basketball

U13 Boys Basketball

- 29th Jan at ISKL
- 5th Feb at Tenby

U13 Girls Basketball

- 26th Jan at ISP
- 29th Jan at ISKL
- 12th Feb at Tenby
- 26th March at Tenby

U15 Girls Basketball

- 26th Jan at BSKL
- 29th Jan at Tenby - KLISS
Rd 1 = 4 games
- 9th Feb at ISKL
- 26th Feb at Tenby - KLISS
Rd 2 = 4 games + Medals given out

U15 Boys Basketball

- 22nd Jan at Tenby
- 26th Jan at BSKL
- 9th Feb at ISKL
- 12th Feb at Tenby

Please keep checking the Sports fixtures calendar for up to date information on timings, venues and tournament schedules



KOJO

ARA

CHEUNG

HASSAN

ROZA

A PLAY WRITTEN BY ABI MORGAN

FUGEE

JANUARY 28

6PM

THEATRE

BROUGHT TO YOU BY THE YEAR 9S

DONATIONS WILL BE MADE TO "STOP THE TRAFFIK" INSTEAD OF PAYING FOR TICKETS.