

# CONNECT10

GREETINGS FROM NEXUS INTERNATIONAL SCHOOL, PUTRAJAYA

SECONDARY (3-4)

**Old Newspaper Collection**

Swimming Sessions

**Visit from Kings College**

**London**

Year 10 Parent Teacher

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**NEXUS**  
INTERNATIONAL  
— SCHOOL —

PUTRAJAYA

# Primary

## Nexus Definitions

Here is a reminder of our definition of learning:

“Learning is a personalised process where connections are created or strengthened in the brain as we build on knowledge, skills and attitudes whilst deepening our understandings and applying these in a variety of contexts.”

And International mindedness:

“International Mindedness is an understanding of ourselves as part of a global community and a respect for and celebration of diversity within that community.”

## IPC Showcase Assembly

Next **Wednesday** at **8.45am** in the theatre, Year 4 learners will be presenting their Learning Showcase entitled, **Explorers and Adventurers**. All parents are welcome to attend.

## Trips

Early Years learners will visit the local shops on **Tuesday** and our Year 6 learners will visit the **Studio@KL** as part of their ‘The Way they see The World’ theme.



# Secondary

## Old Newspapers Collection

The Secondary Art department would like to appeal for Newspapers as we are starting a paper mache project with the Year 9's, and to cover the table while painting. We also recycle the Newspapers for paper making and printing activities. Please send them to the Secondary **Art room (122 or 123)** anytime during school hours. All contributions are highly appreciated.

## Swimming Sessions

Swimming is an excellent way of keeping fit and healthy. The pool is available to all learners on **Monday** and **Wednesday** lunchtimes plus **Friday** mornings from **7.30am** in addition to CCA's. These sessions are designed so that learners can use the pool to help keep fit, improve their technique and generally have fun. You will not have to join the swim club to access the pool at these times.



## Visit from Kings College London

The school will host a presentation for our IGCSE and IB Diploma Learners from Kings College London on **Tuesday 12th November** during lunch, all IGCSE and IB learners are welcome to attend to find out information regarding future career and university opportunities. The presentation will be held in the top floor area of the Library.

## Year 10 Parent Teacher Conference

The Year 10 PTC will be held in the MPR on **Wednesday 13th November** from 3:30pm to 5:00pm. Please make an appointment via your child. They have been given a sign-up sheet. Learners are expected to make 5-minute appointments with each subject teacher.

# CAS Reflections

## Eliana Sulaiman

This academic year, I started taking volleyball not only for CAS but also for my own leisure. We started off the volleyball sessions learning the basics and the supervisor monitored us to see where we were at with volleyball and how familiar we are with it. I used to play volleyball in my previous school so, I helped out a little bit with a few people when it came to the rules of playing volleyball. It wasn't a serious first session but more of a relaxed and fun starter. However throughout the week, it got a little more tense because after only one real volleyball session, we had a game against several schools at ISKL. We didn't win any games, but the coach did comment on how throughout the games we all started working together much better and got a much better idea of how volleyball works. My hands, wrists and arm were incredibly bruised with the colours blue and purple and I had a tiny bump beneath my thumb. It was painful but overtime my hands got used to playing volleyball and I began to end each session with less bruises. Every Tuesday, we would have small volleyball games amongst ourselves and it's what I enjoy the most.

*\* Visit our website to find out more*



# ELL Information

## Practical Tips for Helping Children with Learning Difficulties (and All Other Learners)

### Find ways to help your child help themselves

Do not do their homework or make excuses on their behalf. Instead, support them socially and emotionally to help them overcome their challenges.

### Teach your child how to deal with their challenges

Focus on their strengths and not on their weaknesses. Your child is not defined by their learning disability; nurture and develop their strengths and spend time doing this.

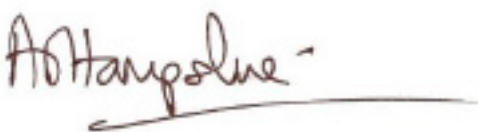
### Find out how your child learns best and encourage this type of learning

- Some learners are more visual. They like to see and read, use maps, charts and pictures. They like to draw and organise their thoughts visually.
- Some learners are verbal/auditory. They like to listen and learn from discussions, music or performing.
- Some are kinaesthetic learners. They need to do, move, touch, feel to learn. They may learn through dance. Sports, craft, martial arts and drama are activities they may love. They benefit from hands-on learning.

### Encourage and maintain a healthy lifestyle

- Make sure your child exercises regularly. It is good for the body as well as the mind. It is a stress reliever and keeps your child stay alert.
- A healthy, nutritious diet is vital. Start them off with a good breakfast and include grains, fruits and vegetables in their diet.
- Sleep. A child will have trouble learning if they are not sleeping well. A tired mind and body is less focused and concentrating for longer than short periods is difficult.

Regards,



**Alison Hampshire**  
Principal